## Simon Says

Play a game of Simon Says outside and enjoy the Fall weather!!

- Jump High
- Walk like a monster
- Scratch like a monkey
- Spin around
- Jumping Jacks for 10 seconds
- High knees or run in place
- Walk and quack like a duck
- Stand on one leg
- Be a shark
- Crawl like a baby
- Sing with a silly voice
- Hop on one foot
- Clap your hands
- Hands on your head
- Bark like a dog
- Act like a snake
- · Howl like a wolf
- Pat your head and rub circles on your tummy at the same time
- Walk like a penguin
- Push ups
- Spin around in circles
- · Hop like a frog

<sup>\*</sup>Remember you can only do the activities if Simon Says! You have 3 minutes to do all these items. Set a time and GO!!!!